

Testimonials of People Who Have Used the Five Simple Steps in their Lives

A Successful Entrepreneur:



“I was able to see life-long patterns that have held me back for so long, in so many ways – and most importantly, I could see how to trust myself enough to change those patterns and make new, more empowered choices...”

Greetings Esperanza and S.O.U.L. team,

I wanted to let you know how deeply grateful I am for your amazing support during my recent Healing Circle. It was undoubtedly life-changing.

At first, I wasn't quite sure what to expect and felt apprehensive because I was undergoing such a huge life transition. But, as scared as I was of the unknown, I just knew for sure the Healing Circle process would be safe and the exact next step for me in my journey.

As the process began, I quickly felt completely safe and very nurtured. I was able to see life-long patterns that have held me back for so long, in so many ways – and most importantly, I could see how to trust myself enough to change those patterns and make new, more empowered choices.

With these newfound insights, I started to have more compassion for me and for my ex-husband. And, we were then able to complete our relationship with grace, dignity, mutual respect and peace. This is something I had been longing for but never knew how to create; I'd experienced a tough divorce as a child when my parents split. Now, I feel as though I've healed a few generations of pain with your guidance.

Thank you again so much for this wonderful gift. I now have a new lease on life and totally look forward to continuing on this journey, full of Love, Joy, Peace and Freedom that comes from within me.”

**With heartfelt gratitude,
Mari Smith
Social Media Keynote Speaker, Consultant and Trainer**

A Woman Business Owner:

“Attending the SOUL Institute programs this past year has been very transformational for me on many levels. I learned to let go of fears and insecurities I didn't even know I had... I thought I had already "done the work". I've fallen in love with myself again and have become more grounded in my conversations and interactions with others. I have really learned to focus on what is best for me, instead of subconsciously trying to please others.

People say they really enjoy just being around me more, my business has grown, and I've also attracted the "man of my dreams" as a result.

This was one of the best investments in MYSELF I have ever made...the return has been priceless...and I recommend the programs to everyone.”



**Maria Simone, CEO Passion to Prosperity, Intl.
Conscious Business Strategist**

*[Attended S.O.U.L., and then invited her fiancé-now husband, her business partner, and other business associates. They are all using **The Five Steps.**]*

A “Recovering” Physician:



"The S.O.U.L. seminars are a priceless gift I would strongly encourage ANYONE to give to themselves and others. It has the power not only to change lives, but the whole world, with its powerful message!"

“I can't even begin to describe what an incredible and profound impact Esperanza and the S.O.U.L. seminars have had on my life. Prior to attending, my life looked pretty perfect on the outside. What others didn't know was how sad, lonely, and empty I felt so much of the time. Something was missing. After attending S.O.U.L., I discovered that it was ME!

Now using the tools and teachings of S.O.U.L., I have more intimate and connected relationships with all those around me. This includes my children who have attended the S.O.U.L. programs and are now growing with vision, purpose, and strength. I'm actually living my Vision, healing myself and others in ways I couldn't even imagine as a conventional physician. Thank you, Esperanza and S.O.U.L., for helping me find the courage and strength within, to create the life of true Peace, Joy, and Abundance I've always desired...”

With deep gratitude, Dynah Joy, M.D.

A Married Couple:



Hers: “I was going through a divorce, I was miserable, nothing was working for me. A friend suggested S.O.U.L. Institute. This program provided a safe environment for me to examine my life at a very deep level. I learned new tools to release the blocks that kept me from creating the love, joy and abundance I truly desired. My life began to change dramatically: My husband and I reconciled, family relationships restored, career growing, health improving. I now feel a sense of grace as my life flows more peacefully each day. I am truly grateful for the teachings I received from the S.O.U.L. Institute. With love,”

**Barbara Sunday,
Realtor**

His: “After many years of failed relationships and not achieving at the level I wanted, S.O.U.L. Institute helped me understand and change the things that blocked me from love and abundance in my life. Since participating in S.O.U.L.’s programs, I have opened myself up to a better life. My wife and I, once on the verge of divorce, now have a great relationship, filled with love and peace. My mom and I attended the S.O.U.L. workshops together, and we are now closer than ever. My dad and I healed a terrible relationship, thankfully before he passed away. And my business is exploding and the money is flowing. S.O.U.L. Institute has helped me create a very blessed life! Thank you, S.O.U.L.!”

**Don Hobbs,
Marketing Expert and Consultant**

A Mother:

“Thanksgiving, a Thanksgiving like no other! ...My son and daughter-in-law ... recommitted themselves to each other after meeting Esperanza Universal and attending the S.O.U.L. Institute workshops. After nearly two unhappy years and separation, they took a spiritual journey and found the tools they needed to be together again.



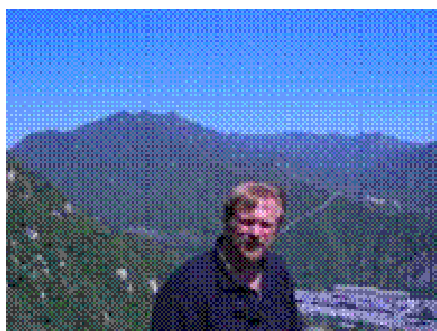
My son introduced me to S.O.U.L. as well and I am having my own learning experience and evolution. My daily life is a continuous change and I am learning to let go of obstacles that I've carried with me for so many years. Every day S.O.U.L.'s teachings go with me. The journey I am now on is having a relationship with myself by finding peace and love, and creating a life that I really want.

With gratitude, we are again a family experiencing great love, peace and joy. Our family is whole again!

**Aida Hobbs
(Almost) Retired Corporate Executive**

*[This family has been using **The Five Steps** after attending S.O.U.L. workshops. The couple had been separated for over a year and they were ready to sign divorce papers. She attended, then he attended, then he brought his mother. The wife then brought her adult son, who, in turn, brought his wife.]*

Two Conscious Attorneys:



“I started a spiritual journey...I could see where I wanted to go, but I just couldn't get there. In my mind and heart I was ready to transform, but the blockage was deep inside ...

Through the processes and people at S.O.U.L., I am now addressing the scars on my heart and soul, which are fears that are holding me back...I am self-healing, as I assist others in their self-healing. In S.O.U.L., we are addressing our core issues, not just the systems that play out in daily life. And there is love and support in our choice to embrace

life in its most meaningful and highest level. For this reason, I would highly recommend S.O.U.L. to those who wish to redirect their lives, to erase the programs from their past that have held them back, and to those who wish to find support in their spiritual healing processes.”

**Roger Nowadsky,
City Attorney**



[To S.O.U.L.]... "Thank you for filling me up with me, for allowing me to experience being and feeling whole and complete.

Thank you for improving the way I am with me, how I treat me.

Thank you for how I am with others with whom I interact. The fear I used to experience constantly is diminished almost to nothing, and when it does come up, I experience myself having the tools to deal with it.

Thank you for showing me that the way through my fears is NOT avoidance of them, but my experience of them. "

Stephan Meyers
Attorney

A Once Skeptical Participant:



"I thought there was no way Esperanza could deliver all she says in just 3 days...But let me tell you: SHE DELIVERS!"

"When I first read about the "Mastering Your Life" seminar, I thought there was no way Esperanza or anyone could deliver all she says and lists in just 3 days. Just no way...But let me tell you: SHE DELIVERS! Esperanza and the "Mastering Your Life" seminar was everything she described - and MORE! It was incredible. She absolutely delivers."

Laura Klein,
Publisher, OrganicAuthority.com

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